

4<sup>th</sup> AUGUST 2020.

**brü**  
coffee and gelato

# Allergen & Intolerance Guide





# Allergen & Intolerance Guide

if item has a tick ✓, this means the product contains it.

Allergens														
Product	Celery	Gluten	Crust- ceans	Eggs	Fish	Lupin	Milk	Molluscs	Musturd	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Grilled Cheese</b>														
Classic Cheese		✓					✓							
Classic Cheese with Beans		✓					✓							
Red Onion Chutney		✓					✓							
Mozzarella, Tomato And Pesto		✓					✓							
Texas Bbq Chicken	✓	✓					✓		✓				✓	
Mexican Chicken	✓	✓					✓		✓	✓			✓	✓
Tuna Melt	✓	✓	✓	✓	✓		✓		✓			✓	✓	
<b>Bagels</b>														
Mango'd Chicken	✓	✓					✓		✓	✓	✓	✓	✓	
Tuna Melt	✓	✓	✓	✓	✓		✓		✓			✓	✓	
Falafel And Houmous		✓										✓		
Little Italy		✓					✓					✓		
Kickin' Chicken	✓	✓					✓		✓	✓		✓	✓	✓
Meat Feast	✓	✓		✓			✓		✓	✓		✓	✓	
Egg And Cheese		✓		✓			✓					✓		
Egg, Cheese And Bacon	✓	✓		✓			✓		✓			✓	✓	
The Bru Fish Fillet		✓			✓		✓		✓					
The Bru Fish Fillet with House Sauce		✓		✓	✓		✓		✓					
<b>Panini</b>														
Tuna Melt		✓			✓		✓							
Mozzarella & Tomato		✓					✓							
<b>Sandwiches</b>														
Bhaji Bonanza		✓							✓				✓	
Bombay Chicken		✓		✓			✓		✓					
2 Cheese & Red onion		✓		✓			✓		✓					
Cheese & Onion		✓		✓			✓		✓					
Chicken Salad		✓		✓			✓		✓					
Double Egg Mayo		✓		✓			✓		✓					
(Flat Bread) Falafel Homous		✓					✓		✓					
Gluten Free Egg Mayo Watercress				✓					✓					
Mozzarella-Ella		✓		✓			✓		✓				✓	
Peri Peri Chicken		✓		✓			✓		✓					
Tuna Mayo & Cucumber		✓		✓	✓		✓		✓				✓	
(KIDS) Cheese Roll		✓					✓							
<b>Toasties</b>														
Cheese & Tomato		✓					✓						✓	
<b>Wraps</b>														
A'Mezze - in Wrap		✓												
Red Thai Chicken	✓	✓							✓					
<b>Snack</b>														
Carrot & Cucumber Humous Pesto Pot							✓							

# Allergen & Intolerance Guide

if item has a tick ✓, this means the product contains it.

Allergens														
Product	Celery	Gluten	Crust-ceans	Eggs	Fish	Lupin	Milk	Molluscs	Musturd	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Cakes/Biscuits</b>														
Belgian Chocolate Fudgecake		✓		✓			✓						✓	
Caramel Apple Cobbler		✓		✓			✓							
Caramel Shortcoke		✓					✓						✓	
Chocolate Junkyard Cheesecake		✓		✓			✓			✓	✓		✓	
Dark Chocolate Brownie		✓		✓			✓						✓	
Peppermint Crunch		✓					✓						✓	
Rainbow Cake		✓		✓			✓						✓	
Luxury Carrot Cake		✓		✓			✓			✓	✓			
Lemon Swirl Cheesecake		✓					✓			✓	✓			
Individual Choco and Raspberry Truffle (GF)							✓						✓	
Individual Choco Orange Truffle (VG) (GF)													✓	
Individual Mango and Passionfruit Cheesecake		✓					✓						✓	
Individual White Choco and Mint Cheesecake		✓		✓			✓						✓	
Individual Chocolate Fudge Cake		✓		✓			✓						✓	
Grandma's Victoria Sponge		✓		✓			✓						✓	
Nuts About Coffee Cake		✓		✓			✓			✓	✓		✓	
Twice the Toffee Cake		✓		✓			✓						✓	
Zesty Ginger Sponge		✓		✓			✓						✓	
Cherry Mirror Slice		✓		✓			✓			✓	✓			
Pear Mirror Slice		✓		✓			✓			✓	✓			
Lemon Daze Layer Cake		✓		✓			✓						✓	
Marble Daze Layer Cake		✓		✓			✓						✓	
Salted Caramel Sensation		✓		✓			✓						✓	
Traybake - Iced Bakewell Slice		✓								✓	✓			✓
Traybake - Chocolate Tiffin		✓					✓						✓	✓
Traybake - Caramel and Cranberry Flapjack		✓					✓			✓	✓			✓
Traybake - Fruit and Nut Granola		✓					✓			✓	✓			
Biscuit Tiffin		✓					✓						✓	✓
Granola bar		✓					✓			✓				✓
Caramel and cranberry		✓					✓			✓				
Cranberry and white chocolate bronkie	✓	✓		✓			✓		✓	✓		✓	✓	
White chocolate and macadamia bronkie	✓	✓		✓			✓		✓	✓		✓	✓	
Chocolate chip bronkie	✓	✓		✓			✓		✓	✓		✓	✓	
Triple chocolate bronkie	✓	✓		✓			✓		✓	✓		✓	✓	
Marlenka Honey Cake Nuts		✓		✓			✓			✓			✓	
Marlenka Honey Cake Cocoa		✓		✓			✓			✓			✓	
Marlenka Honey Cake Lemon		✓		✓			✓			✓			✓	
Marlenka Honey Cake Apricot		✓		✓			✓			✓			✓	
Marlenka Honey Nugget		✓		✓			✓			✓			✓	
Marlenka Cocoa Nugget		✓		✓			✓			✓			✓	
Marlenka Lemon Nugget		✓		✓			✓			✓			✓	
Marlenka Apricot Nugget		✓		✓			✓			✓			✓	
Marlenka Raspberry Roll		✓		✓			✓			✓			✓	
Marlenka Blueberry Roll		✓		✓			✓			✓			✓	
Iced Doughnut		✓		✓			✓			✓		✓	✓	
Chocolate Doughnut		✓		✓			✓			✓		✓	✓	

# Allergen & Intolerance Guide

if item has a tick ✓, this means the product contains it.

Allergens														
Product	Celery	Gluten	Crust-ceans	Eggs	Fish	Lupin	Milk	Molluscs	Musturd	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Waffle Pops</b>														
Strawbella		✓					✓			✓			✓	
Banoffee		✓					✓						✓	
Biscoff		✓					✓						✓	
Cookies and cream		✓					✓						✓	
PB nana sandwich		✓					✓			✓	✓		✓	
Terrys chocolate orange Explosion		✓					✓						✓	
<b>Cookie Dough</b>														
Cookie dough classic		✓		✓			✓						✓	
Nutella		✓		✓			✓			✓	✓		✓	
Biscoff		✓		✓			✓						✓	
Berry White		✓		✓			✓						✓	
Chocolate Duluxe		✓		✓			✓			✓	✓		✓	
Roasted peanut butter & smarties		✓		✓			✓			✓	✓		✓	
S'mores		✓		✓			✓						✓	
Bangin' brownie & oreo		✓		✓			✓						✓	
Eaton mess		✓		✓			✓						✓	
Gajar Halwa		✓		✓			✓			✓	✓		✓	
<b>Poffertjes (Dutch Mini Pancakes)</b>														
Peanut and Butter and Banana		✓					✓			✓	✓		✓	
Nutella and Strawberries		✓					✓						✓	
Biscoff and Caramel		✓					✓						✓	
Classic Maple and Berries		✓					✓						✓	
<b>Gelato</b>														
Caramel Biscoff							✓							
Vanilla							✓							
Strawberry							✓							
Bubbly gum							✓							
Banana							✓							
Double Chocolate				✓			✓						✓	
White Chocolate							✓							
Cookies and cream		✓					✓						✓	
Peanut butter							✓			✓	✓			
Vegan Coconut													✓	
<b>Treats</b>														
Chocolate Cake And Custard		✓		✓			✓						✓	
Hot Apple Pie		✓		✓			✓						✓	
Hot Fudge Brownie		✓		✓			✓						✓	
<b>Brudaes</b>														
Strawberries And Cream		✓					✓							
Lemon Cheesecake		✓					✓							
Bubble-Cone		✓					✓							
Coco-Oreo		✓											✓	
Chocolate Brownie Explosion		✓		✓			✓							

# Allergen & Intolerance Guide

if item has a tick ✓, this means the product contains it.

Allergens														
Product	Celery	Gluten	Crust-ceans	Eggs	Fish	Lupin	Milk	Molluscs	Musturd	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Sauce Toppings / Milk</b>														
Chocolate							✓							
Caramel							✓							
Toffee							✓							
Biscoff							✓							
Nutella							✓			✓				
Peanut butter							✓			✓	✓			
Milk Chocolate							✓							
Alpro Soya Milk													✓	
Alpro Coconut Milk													✓	
Monin Hazelnut										✓				
Monin Toffeenut										✓				
<b>Sprinkles</b>														
Marshmallows														
Flake							✓							
Chopped nuts										✓	✓			
Waffle cones		✓					✓						✓	
Choco dipped waffle cone		✓					✓				✓		✓	
Sugar curl		✓		✓			✓						✓	
Chocolate waffer		✓		✓			✓						✓	
Custard				✓			✓						✓	
<b>Other</b>														
Cantuccini Biscotti		✓		✓			✓			✓				
Curtis Chopped Mixed Nuts										✓	✓			
Cocoa Barry Multi Coloured Vermicelli							✓							
Kool Kup Cold Drink Thickener							✓							
Bru Milk Chocolate Drops							✓						✓	
Kellog's Coco Pops		✓												
Kellog's Crunchy Nut		✓									✓			
Kellog's Special K		✓												
Quaker Oats		✓											✓	
Blue Berry & Seeded Granola Yoghurt		✓					✓							
<b>Crisps</b>														
Salt & Vinegar Salty Dog Crisps		✓					✓							
Strong Cheddar & Onion Salty Dog Crisps							✓							

# Allergen & Intolerance Guide

if item has a tick ✓, this means the product contains it.

Allergens														
Seasonal Products	Celery	Gluten	Crust-ceans	Eggs	Fish	Lupin	Milk	Molluscs	Musturd	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Superb</b>														
Beettox													✓	
Golden Spice													✓	
Matcha													✓	
The Vegan Shake		✓											✓	
Coco Vegan Hot Choc													✓	
Nutty Oatly Hot Choc										✓	✓		✓	
<b>Pistachio</b>														
Pistachio Iced Cappuccino							✓			✓	✓			
Pistachio Espresso Shake							✓			✓	✓			
<b>Pineapple</b>														
Pineapple Screwdriver														
Pina Colada Shake							✓							
Pina Colada Iced Tea														
Coco-Colada Wafflepop		✓					✓						✓	

